

## Printable Version of Home Page

California State Parks, Ventura Junior Lifeguards  
901 San Pedro Street  
Ventura, CA 93001  
805-643-5003  
[www.parks.ca.gov/venturajuniorlifeguards](http://www.parks.ca.gov/venturajuniorlifeguards)  
[carrie.johnson@parks.ca.gov](mailto:carrie.johnson@parks.ca.gov)

Dear Junior Lifeguard Families and prospective new students,

Welcome to the Ventura Junior Lifeguard Program. We are planning another action packed, educational and personal growth program for our participants. Included in this website are your enrollment documents and your PARENT HANDBOOK. Please take the time to read and share the information contained in the handbook with your Junior Lifeguard. You will also find the handbook invaluable before, during and after the program when you have questions about:

- Tryout testing standards.
- Tryout waiver for returning Junior Lifeguards.
- Tuition Assistance Program.
- Refund policy.
- Behavioral expectations of students.  
Disciplinary procedures.
- Junior Lifeguard Assistant Program.
- Important phone numbers.

Note: Program calendar, parking pass and carpool list will be available in early June. Please check [Venturajuniorlifeguards.org](http://Venturajuniorlifeguards.org) for instructions.

### **PROGRAM INFORMATION**

#### **PROGRAM OBJECTIVES:**

The objective of the Junior Lifeguard Program is to provide quality water safety education. Further, the program is designed to improve young people's physical conditioning, their understanding and respect for the environment and their respect for themselves, their peers and their parents.

Recreational objectives are accomplished by instruction and practice in open water swimming, paddle boarding, body surfing, body boarding, surfboard riding, kayaking, skin diving and self rescue. Respect for the environment is increased by the understanding gained by the student's daily physical contact with the environment and through lecture and discussion of pertinent marine and environmental topics. Increased respect for themselves is gained through the student's personal progress and pride in self-accomplishment. Respect for others is increased by the student's constant contact with compassionate Instructors and by working with other youths in a team-building environment.

In addition to the regular Junior Lifeguard Program, we are embracing opportunities for community involvement, co-production of Police Activity League youth events and partnerships in school classrooms. The Junior Lifeguard Program is using these special opportunities to introduce non-traditional user groups to the wonders of the marine and aquatic recreation environments. It is our hope that by offering recreational opportunities to our youth that we will increase the quality of our present and future communities.

#### **ENROLLMENT:**

Enrollment in the Junior Lifeguard Program is first-come-first-served. Due to the overwhelming popularity of the Junior Lifeguard Program, enrollment is expected to reach capacity. Students are considered enrolled in the program when the Junior Lifeguard Office receives the properly completed forms and full payment of tuition fees. No partial payments are accepted. Your canceled check is your tuition receipt. **PLEASE SUBMIT APPLICATION BEFORE FIRST TRYOUT DATE.**

**STUDENT AGES:**

Students must be 9 through 16 years of age as of the first day of program instruction.

**PROGRAM DATES:**

First Session: June 19 – July 7      Second Session: July 10 – July 28      Third Session: July 31 - August 18

**PROGRAM TIMES:**

Monday through Friday 9 a.m. to 2 p.m. Special hours for field trips will be announced on Program Calendar.

**PROGRAM FEES:**

If paying by Credit Card a fee of \$335 for first participant and \$315 for all additional participants or sessions will be charged.

**Please include two separate checks per household!!!**

**\$285.00** for the first student from a family.  
**\$265.00** for each additional family student. **\$20** off each additional session.

Make checks payable to: **CALIFORNIA STATE PARKS, VENTURA JR. LIFEGUARDS**

\*Make an additional **\$50.00** check per student per session to:  
**CALIFORNIA STATE PARKS FOUNDATION**

\*To cover program expenses which the State of California will not allow.

	<b>One session</b>	<b>Two Sessions</b>	<b>Three Sessions</b>
<b>First Family Participant</b>	\$285+\$50=\$335	\$265+\$50=\$315	\$265+\$50=\$315
<b>Second Family Participant</b>	\$265+\$50=\$315	\$265+\$50=\$315	\$265+\$50=\$315
<b>Third Family Participant</b>	\$265+\$50=\$315	\$265+\$50=\$315	\$265+\$50=\$315

**TRYOUT DATES & UNIFORM SALES: PLEASE NO CASH**

Saturday, May 20<sup>th</sup> 9:00 am – 12:00 pm  
Saturday, June 3<sup>rd</sup> 12:00 pm – 3:00 pm

**COMPETITION TEAM:**

The competition team is designed for program participants that are interested in a more competitive experience with the Jr. Lifeguard Program. The Team will meet from 8 a.m. to 9 a.m. daily, except Wednesday, for a morning workout and lifeguard specific competition skills. There will be required travel for Competitions outside of the regular Jr. Guard Program. Competition Team Participants may join for all 9 weeks.

**PARENT ORIENTATION MEETING, UNIFORM SALES & MAKE-UP TRYOUTS:**

Saturday, June 17, Ventura State Beach Parking Lot area: 10 a.m.  
We will also conduct an ocean tryout test for all new Junior Lifeguards that did not make a regularly scheduled pool tryout: 9 a.m.

**WEDNESDAYS:****CHANNEL ISLANDS FIELD TRIP:**

Students will travel to The Channel Islands on ISLAND PACKERS' vessels. Students will have a chance to visit the island and snorkel in the clear waters of the beautiful Channel Islands. This trip is included in the regular program fees.

**Check-in 8:30 a.m.** Boat will depart at 9 a.m. sharp and return to port at 5 p.m.

**HARBOR COVE AND NATIONAL PARKS:**

Those participants scheduled for Harbor Cove will spend time at the National Parks Museum taking part in a Live Dive where they will have the opportunity to speak with Park Rangers as they explore the waters of Anacapa Island.

We will also have kayaking in the flat waters of the cove.

**CPR**

CPR (cardio pulmonary resuscitation) will continue to take place at the State Beach.

**Please check program calendar to determine your participants scheduled meeting place.**

There is some flexibility with combining family members from different groups.

"A" Group, approximate age: 13-15

"B" Group, approximate age: 11-12

"C" Group, approximate age: 9-10

**JUNIOR LIFEGUARD ASSISTANT PROGRAM:**

Former Junior Lifeguards that are turning sixteen this year and are interested in the Junior Lifeguard Assistant Program please contact the Junior Lifeguard Office April 1<sup>st</sup> and fill out all appropriate paperwork and return by April 30th.

In closing, we hope you enjoy the Junior Lifeguard Program. If you need additional information please contact the Junior Lifeguard Office.

Sincerely,  
Carrie Johnson  
Program Director